



NEBRASKA URBAN INDIAN HEALTH COALITIONS INTERTRIBAL
TREATMENT CENTER ADMISSION CRITERIA & GUIDELINES

1. Eighteen (18) years of age
2. American Indian or Alaskan Native
3. Commitment to minimum 45 days treatment in therapeutic environment
4. Medical, dental, vision assessed needs, *treated, and stabilized* prior to admission including presenting with current vision prescription (open wounds, serious infectious states, are **not appropriate** for our agency)
5. Alcohol/drug abstinent and withdrawal symptoms stabilized at least five to seven days prior to admission
6. 45-day medication supply without exception, and a list of all current medications taken
7. Able to negotiate stairs, participate in some recreational activities, as well as daily chores. Physician statement required stating limitations and activities allowed
8. Not more than six months pregnant; submit documentation of physician prenatal care
9. Apply and be eligible for food stamps and Medicaid with Nebraska Department of Health and Human Services while a resident

§

Consideration for Screening Application

1. Completed attached IHS Application, referring agency portion completed by referral source
2. Chemical dependency evaluation completed by certified/licensed counselor within past six months including co-occurring psychological disorders assessment and/or “by history” information about past mental health diagnosis and psychotropic medication course(s). Axis V must support Residential Treatment with GAF of 50 or below (see DSM-IVR). **Co-occurring disorders must be stabilized.**
3. Results of a physical using **ONLY OUR** NUIHC enclosed Physical Examination Form, tuberculosis skin test results as negative or if a historically positive tb skin tester, chest xray results as negative, as well as Isoniazid (INH) tb prevention medication documentation showing medication completion. **All medical conditions must be stabilized.**
4. Birth certificate, picture ID, Social Security Card, and tribal affiliation documentation, e.g. CDIB.
5. Completed Releases of Confidential Information, e.g. for referral agency/counselor, probation officer, parole officer, case managers, caseworkers, court/judge, attorney, or anyone needing information re-client status.

Must maintain current (within six months of program admission) chemical dependency assessment, physical, and HIS Application, and contacting NUIHC checking screening/placement status.



NEBRASKA URBAN INDIAN HEALTH COALITIONS INTERTRIBAL
TREATMENT CENTER ADMISSION CRITERIA & GUIDELINES

Residential Personal Item List

*Items you **MUST** bring:*

- Social Security Card
- Birth Certificate
- Picture ID
- 45-day current medication supply
- Name, addresses of contacts, e.g. probation/parole officer,
- Attorney, physicians, therapists, CPS worker, family

*Items **RECOMMENDED** you bring:*

- Toiletries (alcohol-free, non-aerosol), deodorant, brush/comb, toothbrush, toothpaste
- Exercise clothing, shoes, swimsuit/trunks
- Underwear, socks
- Snow boots, gloves, hats/caps **(winter season)**
- Clothing suitable for Inipi (Sweat), other ceremonies, e.g. cut-off joggers, trunks, skirts for females
- Up to \$20 (over \$20 will be secured in our safe)
- Casual clothing and shoes
- Pajamas, bathrobe, slippers
- Coats/Jackets
- Phone Card
- Curling Iron, blow dryer
- Optional personal items e.g. family photos, special pillow, blankets.



NEBRASKA URBAN INDIAN HEALTH COALITIONS INTERTRIBAL
TREATMENT CENTER ADMISSION CRITERIA & GUIDELINES

Items YOU MAY NOT bring:

- CD's, Tapes, MP3 Players, Headphones, stereo, boom box, CD Player
- Cell phones/chargers/pagers
- Knives, other weapons
- Wire Hangers
- Magazines, pictures, photos that are sexually oriented or promote gangs, alcohol/drug use, and/or gambling
- Cameras
- Heating pads, extension cords
- Laundry detergent & fabric softener
- TV, personal DVD players, DVD's or VHS movies
- Recreational reading material
- Caps, hats, bandanas (except for winter weather use)
- Food, soda/pop
- Candles
- Razors for shaving
- Over-the-Counter Medication, unless you have a written physician order accompanying product
- Energy or Herbal Supplements (including sports vitamins or energy supplements)



NEBRASKA URBAN INDIAN HEALTH COALITIONS INTERTRIBAL
TREATMENT CENTER ADMISSION CRITERIA & GUIDELINES

*Items you will **BE PROVIDED**:*

- Pillows, blankets, towels, washcloth
- Shampoo, conditioner
- Razors for shaving
- Laundry detergent, fabric softener

Please understand all items brought into facility will be examined and inventoried as your property. Any items on the ‘Do Not Bring’ list will be confiscated, secured for you, and returned upon discharge unless item illegal to possess.

REMEMBER NUIHC INTERTRIBAL TREATMENT CENTER IS NOW TOBACCO FREE (NO TOBACCO USE ON GROUNDS OR IN FACILITY!!!!)