



## NEBRASKA URBAN INDIAN HEALTH COALITIONS INTERTRIBAL TREATMENT CENTER ADMISSION CRITERIA & GUIDELINES

1. Eighteen (18) years of age
2. American Indian or Alaskan Native
3. Commitment to minimum 45 days treatment in therapeutic environment
4. Medical, dental, vision assessed needs, ***treated, and stabilized*** prior to admission including presenting with current vision prescription (open wounds, serious infectious states, are **not appropriate** for our agency) and a Med Review before entering treatment
5. Alcohol/drug abstinent and withdrawal symptoms stabilized at least five to seven days prior to admission
6. 60 day medication supply without exception, and a list of all current medications taken
7. Able to negotiate stairs, participate in some recreational activities, as well as daily chores. Physician statement required stating limitations and activities allowed
8. Not more than six months pregnant; submit documentation of physician prenatal care
9. Apply and be eligible for food stamps and Medicaid with Nebraska Department of Health and Human Services while a resident
10. No phone calls or visits
11. Must have court hearings rescheduled or continued prior to admission

### Consideration for Screening Application

1. Completed attached IHS Application, referring agency portion completed by referral source
2. Chemical dependency evaluation completed by certified/licensed counselor within past six months including co-occurring psychological disorders assessment and/or “by history” information about past mental health diagnosis and psychotropic medication course(s). Axis V must support Residential Treatment with GAF of 50 or below (see DSM-IVR). **Co-occurring disorders must be stabilized.**
3. Results of a physical using **ONLY OUR** NUIHC enclosed Physical Examination Form, tuberculosis skin test results as negative or if a historically positive tb skin tester, chest xray results as negative, as well as Isoniazid (INH) tb prevention medication documentation showing medication completion. **All medical conditions must be stabilized.**
4. Birth certificate, picture ID, Social Security Card, and tribal affiliation documentation, e.g. CDIB.
5. Completed Releases of Confidential Information, e.g. for referral agency/counselor, probation officer, parole officer, case managers, caseworkers, court/judge, attorney, or anyone needing information re-client status.

**Must maintain current (within six months of program admission) chemical dependency assessment, physical, and HIS Application, and contacting NUIHC checking screening/placement status.**



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**Residential Personal Item List**

***Items you MUST bring:***

Social Security Card  
Birth Certificate  
Picture ID  
60 day current medication supply  
Name, addresses of contacts, e.g. probation/parole officer,  
Attorney, physicians, therapists,  
CPS worker, family

***Items RECOMMENDED you bring:***

Toiletries (alcohol-free, non-aerosol), deodorant, brush/comb, toothbrush, toothpaste  
Exercise clothing, shoes, swimsuit/trunks  
Underwear, socks  
Snow boots, gloves, hats/caps (**winter season**)  
Clothing suitable for Inipi (Sweat), other ceremonies, e.g. cut-off joggers, trunks, skirt dresses  
for females  
Up to \$10 (over \$20 will be secured in our safe)  
Casual clothing and shoes  
Pajamas, bathrobe, slippers  
Coats/Jackets  
Curling Iron, blow dryer  
Optional personal items e.g. family photos, special pillow, blankets.  
Any special needs, you must provide your own  
Bring your own change and small bills, we do not provide change  
Cigarettes to last you 45 days (if smoker)



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It is our mission to elevate the health status of Native Americans to the highest level possible.



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***Items YOU MAY NOT bring:***

- CD's, Tapes, MP3 Players, Headphones, stereo, boom box, CD Player
- Cell phones/chargers/pagers
- Knives, other weapons
- Wire Hangers
- Magazines, pictures, photos that are sexually oriented or promote gangs, alcohol/drug use, and/or gambling
- Cameras
- Heating pads, extension cords
- Laundry detergent & fabric softener
- TV, personal DVD players, DVD's or VHS movies
- Recreational reading material
- Caps, hats, bandanas (except for winter weather use)
- Food, soda/pop
- Candles
- Razors for shaving
- Over-the-Counter Medication, unless you have a written physician order accompanying product
- Energy or Herbal Supplements (including sports vitamins or energy supplements)
- IPAD, Laptop



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*Items you will **BE PROVIDED**:*

Pillows, blankets, towels, washcloth  
Shampoo, conditioner  
Razors for shaving  
Laundry detergent, fabric softener

**Please understand all items brought into facility will be examined and inventoried as your property. Any items on the ‘Do Not Bring’ list will be confiscated, secured for you, and returned upon discharge unless item illegal to possess.**